

IIEI&H NEWSLETTER



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38th AGM of IIEI&H held

The 38th Annual General Meeting (AGM) of the Ispahani Islamia Eye Institute & Hospital (IIEI&H) Society was held on December 01, 2025, at 11:00 AM in the IIEI&H Multipurpose Hall. The meeting was attended by the general and life members of the society.

In his inaugural address, Mr. Mirza Salman Ispahani, Chairman of the Society, appreciated the remarkable performance of the hospital. He acknowledged the valuable contributions of all members, development partners, and well-wishers for their continued support to Islamia. He also highlighted the enormous contributions of the doctors, nurses, and all staff members in delivering high-quality services to patients throughout the year.

During the meeting, the Chief Executive Officer (CEO) presented a PowerPoint presentation highlighting the financial and clinical performance of the fiscal year 2024-2025. Members of the society expressed their deep satisfaction with the steady growth and development of the hospital.



Mr. Mirza Salman Ispahani, Chairman of the IIEI&H Society, participating in the AGM registration



Ms. Shireen Scheik Mainuddin, MC member of IIEI&H Society, participating in the AGM registration



Ms. Zahida Ispahani, Advisor of IIEI&H Society, participating in the AGM registration

In his vote of thanks, Mr. Anisuddin Ahmed Khan, Vice Chairman of the IIEI&H Society, expressed his sincere appreciation to the Management Committee (MC), hospital management, and all members of the institute for their outstanding performance during the last fiscal year. He also thanked all concerned for successfully organizing the AGM.



Prof. Khan M. A. Manzur, Member of the IIEI&H Society, making his AGM registration



Mr. Anisuddin Ahmed Khan, Vice Chairman of IIEI&H Society, having his AGM registration



Prof. Dr. Mostafizur Rahman, Director (MS), & MC Member, having his AGM registration



Mr. Lutfe Mawla Auyb, MC member being received at the AGM registration Desk



Chairman of the IIEI&H Society delivering the welcome address at the 38th AGM



Chairman of the IIEI&H Society delivering the welcome address at the 38th AGM



The CEO presenting the annual report at the AGM 2025



Members of the IIEI&H Society participating in the AGM 2025 discussion session



Participants of AGM 2025 with the Chairman of the IIEI&H Society



Vice Chairman of the IIEI&H Society delivering the vote of thanks at AGM 2025



Knifing the cake to celebrate "Birthdays" and "Happy December" immediately after the AGM 2025 event



All participants of AGM 2025

From Restoring Vision to Generating Knowledge- The Emerging Research Identity of Ispahani Islamia Eye Institute & Hospital

Dr. M. M. Aeorangajeb Al Hossain, HoD, R&D
Mohammad Shamsal Islam, Epidemiologist, R&D
Editorial Lead

For decades, Ispahani Islamia Eye Institute & Hospital (IIEI&H) has been synonymous with restoring sight and advancing eye care in Bangladesh. Today, the institution is entering a new chapter; one where clinical excellence is complemented by a growing commitment to research, innovation, and knowledge generation.

The development of the Research & Development (R&D) Department and the emerging Mirza Ali Behrouze Ispahani Research Centre reflect a strategic institutional evolution: transforming clinical experience into scientific evidence that can shape the future of ophthalmology and public health.

A Legacy Built on Service

Established under the philanthropic vision of the Ispahani Trust, IIEI&H was founded with a humanitarian mission to provide accessible, high-quality eye care to the people of Bangladesh, particularly those with limited resources. Over more than five decades, the hospital has grown into one of the country's most prominent eye care institutions. Thousands of patients regain sight every year through its clinical services, while generations of ophthalmologists receive training through its academic programs and community outreach initiatives. Yet, the global landscape of healthcare is evolving. Leading institutions today are defined not only by the care they deliver but also by the knowledge they produce. Evidence-based practice, clinical innovation,

and research-driven policy are increasingly shaping the future of medicine. IIEI&H has now taken a decisive step in this direction highlighted “Clinical excellence has long defined IIEI&H and the emergence of research now ensures that the knowledge generated from our experience will shape the future of eye care.”

Honoring a Visionary Legacy

The emerging research platform carries the name Mirza Ali Behrouze Ispahani, whose legacy reflects deep commitment to philanthropy, education, and social development. Naming the research center after him represents more than institutional recognition which reflects a continuation of a tradition where service to humanity is combined with intellectual advancement. Through the Mirza Ali Behrouze Ispahani Research Center, the hospital aspires to generate knowledge that improves clinical practice, informs national health strategies, and contributes to global scientific dialogue in ophthalmology. In this way, the center extends the spirit of the Ispahani legacy ensuring that scientific discovery remains closely connected to societal benefit.

Building the Foundations of Research

A meaningful research ecosystem requires more than ambition—it requires structure, systems, and long-term vision. Over the past several months, IIEI&H has made important progress in laying the institutional foundations for research development. A dedicated R&D framework has been established, supported by strategic planning and an organizational structure designed to guide research activities in a phased manner; beginning with foundation, followed by expansion, and ultimately consolidation. The integration of epidemiological and methodological expertise within the research framework ensures that emerging studies maintain scientific rigor while remaining closely connected to clinical realities and community needs. The aim of the research foundation activities included “Research transforms clinical experience into evidence and evidence strengthens the quality, equity, and sustainability of patient care.”

Cultivating a Research Culture

Perhaps the most significant transformation underway is cultural. In busy clinical environments, research is often perceived as an additional responsibility rather than an integral component of practice. Recognizing this challenge, IIEI&H has begun integrating research more closely into its academic ecosystem. The introduction of structured Research Methodology Training programs for fellows and young clinicians represents a major step in this direction. These programs guide participants through the essential elements of scientific inquiry—from formulating research questions and developing protocols to navigating ethical approval processes and preparing manuscripts for publication. Over time, this approach encourages clinicians to view everyday clinical experiences as opportunities for structured investigation.

Cultivating of Research Culture is highlighted insight “When clinicians begin to ask research questions arising from everyday patient care, a hospital evolves from a service provider into a center of scientific discovery.”

Policy Support for Research Growth

Research culture flourishes when it is supported by institutional policy. The recently introduced Research Promotion, Support and Incentive Policy formalizes IIEI&H’s commitment to strengthening its research ecosystem. The policy establishes mechanisms to support research through structured grants, mentorship opportunities, recognition of scholarly work, and incentives for high-quality publications.

Initiatives such as observing Annual Research Week and institutional recognition of research achievements would reinforce the message that scientific inquiry is not peripheral to the hospital’s mission, it is central to its academic future.

Research in Motion

Although the research ecosystem is still evolving, several initiatives are already underway. A community ophthalmology randomized controlled trial is currently progressing, focusing on evidence-based strategies to improve eye care delivery at the community level. Collaborative studies examining vision center impact and access to eye care services are also in development. These initiatives reflect IIEI&H’s long-standing commitment to community-based service and align with global efforts aimed at eliminating avoidable blindness.

Research, in this sense, strengthens the hospital’s ability to translate experience into solutions that improve eye health outcomes.

Institutional Collaboration

The progress made so far has been possible due to strong institutional collaboration. Hospital leadership, including the Chief Executive Officer and senior administration, have played an important role in positioning research as a strategic priority. The Medical Services Department has facilitated integration of research within clinical practice, while the Education Department has ensured that research training becomes part of academic development for young doctors. Such transformation reflects the collective commitment of leadership, clinicians, and academic units working toward a shared vision. Our Mirza Ali Behrouze Ispahani Research Center represents more than a new department; it reflects the institution’s commitment to becoming a knowledge-generating leader in ophthalmology.

Looking Ahead

The journey of building a research ecosystem is a long-term endeavor. The next phase will focus on expanding collaborations with national and international partners, strengthening data systems, increasing peer-reviewed publications, and securing competitive research funding. As research output grows, the academic visibility of IIEI&H will expand. With greater visibility will come deeper collaboration and broader impact.

Research Methodology Training

Mirza Ali Behrouze Ispahani Research Center has started regular Research Methodology Training (RMT) session for young ophthalmologists and trainee doctors. Such sessions indicate our strong commitment to fostering a culture of research, innovation, and academic excellence among the next generation of clinician-scientists.



CEO, Trainers & Participants of Research Methodology Training session

Closing Reflection

“For decades, IIEI&H has restored vision for patients across Bangladesh. Today, it is also expanding vision through research, innovation, and knowledge. Clinical excellence remains the institution’s proud legacy. Research and innovation are becoming its defining future.”

**Management of Blepharoptosis Using Crutch Spectacles:
A Non-Surgical Approach – Case Reports.**

**Dr. Sk. Md Rashedul Haque, Junior Consultant,
Md Azizul Islam, Optometrist**

Case 1:

A 72-year-old male presented with drooping of the upper eyelids for several years, resulting in obstruction of the visual axis. After proper clinical evaluation, he was diagnosed with bilateral moderate to severe involutinal blepharoptosis. Considering his advanced age, the patient was not interested in undergoing surgical management. Therefore, a crutch spectacle was prescribed as a non-surgical alternative. Following the use of the crutch spectacle, the patient’s visual axis became clear and he reported significant subjective improvement. During the follow-up period, the patient did not experience any significant difficulty while wearing the crutch spectacle.

Case 2:

A 22-year-old male presented with bilateral restriction of eye movements and drooping of the upper eyelids, which caused difficulty in vision. After proper clinical evaluation, he was diagnosed as a case of chronic progressive external ophthalmoplegia. Considering the progressive nature of the condition and the associated ptosis affecting the visual axis, conservative management was considered. A crutch spectacle was prescribed to support the upper eyelids and improve the visual field. Following the use of the crutch spectacle, the patient experienced improvement in his visual axis and reported subjective relief in daily activities. During the follow-up period, the patient tolerated the crutch spectacle well and did not report any significant difficulty while using it.

Discussion:

Blepharoptosis is defined as an abnormal drooping of the upper eyelid that may partially or completely obstruct the visual axis. It may be congenital or acquired and can result from myogenic, neurogenic, aponeurotic, mechanical, or traumatic causes. When severe, ptosis can significantly impair vision and daily activities. Management depends on the underlying cause and severity; surgical correction is considered the standard treatment in most cases. However, some patients are not suitable candidates for surgery due to advanced age, systemic illness, progressive neuromuscular disorders, or personal preference. In such situations, conservative management options such as ptosis crutch spectacles may be considered. A crutch spectacle is a mechanical support attached to the upper rim of the spectacle frame that lifts the drooping eyelid and helps clear the visual axis. Crutch spectacles provide several advantages including immediate improvement of the visual field, non-invasive management, low cost, and easy adjustment. Nevertheless, some patients may experience discomfort, eyelid irritation, pressure on the eyelid margin, difficulty blinking, or cosmetic concerns. Proper fitting and regular follow-up are essential to minimize these complications and improve patient tolerance.



Fig 1. Crutch spectacle



Fig 2. Case 1 (Before)

Fig 3. Case 1 (After)



Fig 4. Case 2 (Before)

Fig 5. Case 2 (After)

IIEI&H Society Get-Together 2025 Held

The IIEI&H Society Get-Together 2025 was held on January 15, 2026, at the IIEI&H Multipurpose Auditorium Hall. The event was attended by the Chairman, Vice Chairman, members of the MC, CEO, doctors, and hospital staff members.

The get-together featured a variety of activities including lunch, gala dinner, raffle draw, and cultural performances. Doctors and staff members of IIEI&H actively participated in the cultural programme, creating a joyful and engaging atmosphere for all attendees.



Stall showcasing the Chronology of Coins of India at the Get-Together 2025 event



Hon'ble Chairman of the IIEI&H Society participating in the balloon shooting game at the event



Chairman, Vice Chairman, and CEO visiting the Parrot Game stall at the Get-Together 2025



Participants of the Get-together-2025



Popular song performed by the Head of Department, R&D



Chairman of the II EI&H Society addressing the audience at the Get-Together 2025



Rock concert performed by Dr. Tawhid Uddin Ahmed



Glimpses of the national anthem at the Get-Together 2025



Band team "Fellow Bros" performing at the Get-Together 2025



Glimpses of the cultural programme



Raffle draw session during the event



Doctors participating in the cultural programme



Raffle draw session attended by the CEO & Director, MS



Glimpses of the cultural programme



Raffle draw prize handed over by the CEO



Chairman & CEO with other guests & hospital staff



Doctors and hospital staff with the Hon'ble Chairman of the IIEI&H Society at the Get-Together 2025

Orbis Delegates Team Paid a Visit to IIEI&H

A delegate team from Orbis International (UK) and the Bangladesh Country Office visited Ispahani Islamia Eye Institute & Hospital (IIEI&H) on December 11, 2025. An introductory meeting with the delegates was held in the Chairman's Meeting Room.

The meeting was attended by the CEO, Director-CS, Deputy Director-OSS, Associate Director-NM&QA, Assistant Director (ICT), and Assistant Director (CS) from IIEI&H. During the visit, the Orbis delegation toured several key facilities of the hospital, including the Wet Lab, Research & Development (R&D) Department, and other clinical and service departments.

The delegates expressed their high satisfaction with the hospital's services, training activities, and facilities, and shared their remarks in the Visitors' Book at the end of the visit.



Orbis delegates attending a formal meeting with the IIEI&H team



Orbis team visiting the hospital's services and facilities



Orbis delegation visiting the hospital outpatient department



Orbis team visiting the Low Vision Services unit



Orbis delegate team visiting the Wet Lab simulator room



Head of R&D handing over the IIEI&H newsletter to the Orbis International (UK) team



Orbis team members writing their comments in the Visitors' Book
CME session on Dry Eye Held at IIEI&H

As part of Continuing Medical Education (CME) activities, a scientific seminar on Dry Eye was held on November 27, 2025, at the Fred Hollows Foundation Auditorium, IIEI&H. The CME session was organized by the Bangladesh Cornea and Refractive Society (BCRS) in collaboration with UNIDO as the scientific partner.

Professor Dr. M. A. Hadi Faquir attended the event as the Chief Guest, while Brig. Gen. AKM Akhtaruzzaman, ndc, psc (Retd), CEO of IIEI&H, Prof. Dr. Md. Shahab Uddin, and Prof. Dr. Md. Zinnu Rain (Newton) joined the programme as Special Guests.

A total of three scientific papers were presented during the CME session:

- "Diagnosis of Dry Eye" by Dr. Md. Lutfuzzaman
- "Treating Dry Eye in Real Practice" by Dr. Monira Sultana
- "Managing Meibomian Gland Dysfunction" by Dr. Mahziba Rahman Chowdhury

Doctors from IIEI&H and other hospitals attended the seminar. The CME session provided valuable insights for ophthalmologists, particularly those working in the cornea and ocular surface disease field, contributing to their professional knowledge and clinical practice.



Dr. Md. Lutfuzzaman presenting his scientific paper during the CME session



Director of Education handing over a crest to Prof. Dr. Md. Shahab Uddin



CEO addressing the CME session



CEO presenting a crest to a guest of the event



Director General, Lions Eye Institute & General Hospital, Dhaka sharing his thoughts during the CME



Dr. ASM Moin Uddin handing over a crest to Prof. Dr. Md. Zinnu Rain (Newton)



Guests & participants of the CME session



CEO handing over a crest to a scientific paper presenter



CEO, guests, speakers, and doctors attending the CME session



Prof. Dr. Md. Shahab Uddin presenting a crest to a scientific paper presenter

Inauguration of Fundamental Virtual Reality Simulation System Held at IIEI&H

The Fundamental Virtual Reality Simulation System for trainee ophthalmologists was inaugurated at Ispahani Islamia Eye Institute & Hospital (IIEI&H) on November 8, 2025. Ms. Zahida Ispahani, Advisor of the IIEI&H Society, formally inaugurated the new facility for trainee doctors.

The event was also attended by the CEO of IIEI&H, Dr. Munir Ahmed, Country Director of Orbis International, Director of Education, Director-CS, hospital doctors, and other officials from the Orbis International Bangladesh Country Office.

In her remarks, the Hon'ble Advisor reaffirmed IIEI&H's commitment to reaching underserved and unreached populations, ensuring access to quality and affordable eye care services for all. She also expressed her sincere appreciation to Orbis International for their continued support in strengthening ophthalmic human resource development at IIEI&H.



Prof. Dr. Md. Zinnu Rain (Newton) presenting a crest to a scientific paper presenter during the CME



Moment of the inauguration of the Virtual Reality Simulation System at IIEI&H



Prof. Dr. Md. Shahab Uddin speaking at the CME event



Advisor of the IIEI&H Society and the CEO attending a meeting with the Orbis team following the inauguration of the Virtual Reality Simulation System

Newsletter Editorial Board Meeting Held

The 5th Newsletter Editorial Board Meeting was held at 4:00 PM in the Chairman's office. The meeting was chaired by the Editorial Chief.

During the meeting, the Head of the Editorial Board appreciated the efforts and dedication of the Newsletter Committee members in publishing the quarterly newsletter on a regular basis. A total of six agenda items were discussed, and several important decisions were taken to further strengthen the publication process.



Editorial Board members attending the Newsletter Editorial Board meeting



The Newsletter Editorial Chief chairing the meeting

Welcome long-term fellow new batch January-2026

The Education Department of Ispahani Islamia Eye Institute & Hospital (IIEI&H) has made significant contributions to ophthalmology education and research since its inception. The institute regularly conducts long-term fellowship programs; an 18-month fellowship for local ophthalmologists and a 15-month fellowship for international ophthalmologists.

For the January 2026 session, the Education Department welcomed seven fellows across different ophthalmic subspecialties. The Director of Education warmly welcomed the new fellows and wished them good health, happiness, and a successful professional journey ahead.



Long-term fellows welcomed by the Director- Education & the DD, Fellowship & Clinical skill development

First Research Grant Selection Committee Meeting Held

The 1st Research Grant Selection Committee Meeting was held on January 28, 2026, at 4:00 PM in the Chairman's Office. The meeting was chaired by the Chairperson of the Research Grant Selection Committee.

It was noted that the IIEI&H-approved "Research Promotion, Support and Incentive Policy" emphasizes regular publication in the IIEI&H Journal and provides cash incentives for successful publications. In line with this policy, IIEI&H invites research grant proposals to support original research, review articles, and case report categories.

During the meeting, a total of six agenda items were discussed, and several important decisions were made regarding the implementation and management of the institutional research grant program.



Members of the Research Grant Selection Committee attended the first meeting



Chairperson of the Research Grant Selection Committee addressing the meeting

Certificate-Giving Ceremony Held for IIEI&H Long-Term Fellows, SICS & Phaco Trainees

The Education Department of Ispahani Islamia Eye Institute & Hospital (IIEI&H) organized certificate-giving ceremony at the Fred Hollows Auditorium to recognize doctors who successfully completed their long-term fellowships and SICS and Phaco training programs.

Doctors who completed the SICS and Phaco training programmes received their certificates during the ceremony. The recipients included Dr. Biswajit, Dr. Mousumi Muskan, Dr. Sumona Afros, Dr. Tahomina Bithi, Dr. Enamul Hasan (SICS), and Dr. Nusaffarin Khan (Phaco).

Certificates were also awarded to doctors who successfully completed their long-term fellowship programs in different subspecialties:

- Cornea: Dr. Sabiha Farhana Islam, Dr. Sumaira Huda
- Vitreo-Retina: Dr. Montasir Al Mamun, Dr. Md. Zakir Hussain, Dr. Nayeemul Huq
- Paediatric Ophthalmology and Strabismus: Dr. Saima Binte Shams
- Glaucoma: Dr. Shaila Sharmin, Dr. Masmum Sababa

The ceremony was attended by the CEO, Director of Education, Deputy Director-Medical Services (DD-MS), Heads of Departments (HoDs), trainers, and staff of the Education Department.

During the event, some of the fellows shared their experiences and reflections on their training journey. Dr. Nayeemul Huq, a long-term fellow, expressed his feelings and gratitude during the ceremony. The DD- MS and the CEO also delivered speeches congratulating the fellows and trainees on their achievements.



Dr. Biswajit receiving his SICS training completion certificate



Dr. Mousumi Muskan receiving her SICS training completion certificate



Dr. Nusaffarin Khan receiving her Phaco training completion certificate



Dr. Sumona Afros receiving her SICS Training completion certificate



Dr. Tahomina bithi receiving her SICS training completion certificate



Dr. Enamul Hasan receiving his SICS training completion certificate



Dr. Sumaira Huda receiving her long-term fellowship completion certificate



Dr. Sabiha Farhana Islam receiving her long-term fellowship completion certificate



Dr. Montasir Al Mamun receiving his long-term fellowship completion certificate



Dr. Md. Zakir Hussain receiving his long-term fellowship completion certificate



Dr. Nayeemul Huq receiving his long-term fellowship completion certificate



Dr. Sumona Afroz receiving her short-term fellowship completion certificate



Dr. Shaila Sharmin receiving her long-term fellowship completion certificate



Dr. Masmum Sababa receiving her long-term fellowship completion certificate



Dr. Saima Binte Shams receiving her long-term fellowship completion certificate



Dr. Nayeemul Huq, a long-term fellow, expressing his feelings during the ceremony



DD-MS delivering his speech in the event



CEO delivering his speech during the ceremony



CEO with participants of the certificate giving ceremony

45th ERC meeting held

As part of the ongoing academic and research governance activities of the Education Department of Ispahani Islamia Eye Institute & Hospital (IIEI&H), the 45th Ethical Review Committee (ERC) meeting was held on 13 January 2026 in the Education Department meeting room.

The meeting was chaired by Prof. ASM Kamal Uddin and attended by Member Secretary Prof. Dr. Sarwar Alam, along with ERC members Prof. Dr. Anisur Rahman, Prof. Dr. Mostafa Hossain, Associate Prof. Dr. Mahmood Mujtaba, Dr. M. M. Aeoranjeb Al Hossain, and Mr. Abu Naser Siddique.

During the meeting, the committee reviewed a total of five research protocols and approved all five protocols with minor revisions, reflecting the institute's continued commitment to maintaining high ethical standards in clinical and academic research.



The 45th ERC meeting held at the Education Department



ERC and RC members attended the 45th ERC meeting Inauguration of Women-Led Vision Center at Kadamtali, Siddirgonj, Narayanganj

A new Vision Center was inaugurated at Kadamtali, Siddirgonj, Narayanganj District on 26 November 2025. Funded by the Aumund Foundation and supported by Orbis International, the center has been implemented by Ispahani Islamia Eye Institute & Hospital (IIEI&H).

This newly established Primary Level Eye Care (PLEC) center is led by a female service provider and operates using green energy (solar power) for its daily activities. The initiative reflects a strong commitment to expanding community-based eye care services while promoting women's leadership and environmentally sustainable healthcare delivery.

The opening ceremony was attended by senior officials from Orbis International and IIEI&H, along with local stakeholders and community members. On its first day of operation, the center served more than 100 patients, marking an important step toward improving access to quality and affordable eye care services in the region.



Guests were warmly welcomed with bouquets of flowers



The vision center was formally inaugurated by cutting the ribbon



Guests and local participants attended the inauguration session



Guests visited the facilities of the new established vision center



A partial view of the newly inaugurated women-led Vision Center

Monthly Birthday Celebration of Doctors and Other Colleagues

As part of the monthly birthday celebration program, the IIEI&H family celebrated the birthdays of doctors and colleagues in a warm and cheerful atmosphere. The event was attended by the CEO, Director of Medical Services (Director-MS), Deputy Director of Medical Services (DD-MS), Director of Community Services (Director-CS), Subspecialty Heads, doctors, and other officials of IIEI&H.

During the celebration, the CEO, Director-MS, and DD-MS greeted the colleagues with flowers and warm wishes, wishing them good health, happiness, and prosperity. The celebration concluded with the cutting of a birthday cake on a selected day of each month, creating a joyful moment for all members of the IIEI&H family.



CEO, DD-MS, and DD-HR welcoming the Director-MS with flowers



Director-MS, Director-CS, and DD-HR welcoming the Head of Department, Paediatric Ophthalmology, with flowers



CEO, Director-MS, and DD-MS welcoming the Head of Department, Training, with flowers



CEO, Director-MS, and DD-MS welcoming the Head of Department, Glaucoma, with flowers



CEO, Director-MS, and DD-MS welcoming the Director-CS with flowers



DD-MS, CEO, and Director-MS welcoming a doctor with flowers



Director-MS welcoming a doctor with flowers



CEO welcoming a doctor with flowers



Director-MS welcoming a doctor with flowers



DD-MS welcoming a doctor with flowers



CEO welcoming a doctor with flowers



CEO, Director-MS, and DD-HR welcoming a doctor with flowers



Knifing the birthday cake to celebrate the birthday of the Director-MS



Gate - 1



Gate - 2



Gate - 3



Gate - 4

Contact us

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